

RESTORATION

& The Power of Prayer



A man with a beard and long hair, wearing a white shawl over a light-colored robe, stands in a forest. He is looking back over his shoulder towards the viewer. The forest floor is covered in fallen leaves, and a path of light leads through the trees. A large rock is visible in the background.

“Come follow Me”



Taking Thoughts Captive

The
HELMET



Helmet of Salvation

Recap:

Renewal of The Mind

HIGHLIGHTS

- The battle begins in the mind and defeating the Enemy takes a **daily** renewal of the mind. This renewal means a **change of perspective**, and the only perspective that can both discern the battle and overcome in victory is the **mind of Christ**. Our submission to and focus on the Holy Spirit's prompting is the only clear path that will bring us— and those around us —out of the Pit.



Helmet of Salvation

Recap:

Renewal of The Mind

HIGHLIGHTS

KEY BIBLE VERSE:

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Romans 12:2



Helmet of Salvation

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HIGHLIGHTS

CAMPAIGN (*systematic course of aggressive activities for some specific purpose*) OF THE MIND

1. **Spiritual Warfare** – know who the real enemy is and how to fight the good fight of faith.
2. By spending **time** through prayer each day develops **trust** in a *personal relationship to the person Jesus Christ* empowered by the Helper...**the Holy Spirit.**



Helmet of Salvation

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CAMPAIGN OF THE MIND

3. With growing trust in Christ **faith** grows and is tested through divinely ordained circumstances. Our faith is built upon the chief cornerstone which is Jesus Christ. *He is the author and finisher of our faith.*



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4. The Holy Spirit is our means by which we not only understand the Bible but *become a living application of the Word*. Beware of “**Mental Assent**” agreeing with the words in the Bible, but not truly believing in the Word –Jesus Christ.



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KEEP IN MIND:

Jesus said:

“You study the Scriptures diligently because you think that in them you have eternal life. These are the very Scriptures that testify about me, yet you refuse to come to me to have life.”

John 5:39-40



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5. It is only through **faith in the Word made flesh Jesus Christ** that we are empowered by the Holy Spirit to not only understand the written word of Scriptures, but to live (abide in) the Word –Jesus Christ.



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Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.

John 15:4



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6. Therefore, it is *not in the mind* but *rather the heart* that brings about the *true renewal of the mind*.

To have the mind of Christ is spiritual maturity



Helmet of Salvation

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DAILY PUT ON THE HELMET

1. **Armor up one-day-at-a-time** spend time with the Lord in prayer and meditating on Scriptures. You are moving from the “**old man**” to the “**new man.**”
2. Spend **time** with God which builds **trust** in turn developing **faith** to *overcome*. You are abiding in the “**mind of Christ,**” through the power of **the Holy Spirit.**



Helmet of Salvation

Recap:

Renewal of The Mind

HIGHLIGHTS

DAILY PUT ON THE HELMET

3. The “**action step**” of faith, coming before the Lord each day, prepares you for whatever comes in that day. The grace of God is new each day.
“**Just do it!**”



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

1. Beginning to see life through the Christ's perspective and no longer our own by developing a personal intimate walk with Him. *The mind of sinful man is death, but the mind controlled by the Spirit is life and peace* **Romans 8:6**



2. **The renewal of the mind.** *“Do not conform to the pattern of this world but be transformed by the **renewing of your mind**. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”* **Romans 12:2**



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

3. Learning to “...take every thought captive to the obedience of Jesus Christ.” 2 Corinthians 10:5



4. See challenges that we face throughout the day as an “opportunity” to witness the glory of God in our life rather than seeing it as an obstacle that seems impossible to overcome.



Taking Thoughts Captive

The
HELMET



For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

Romans 8:5-6



*For though we live in the world, we do not wage war as this world does. The weapons we fight are not of this world. On the contrary, they have divine power to demolish strongholds. We demolish **EVERY Argument, Reasoning, Imagination and Pretention that sets itself up against the knowledge of God,***

2 Corinthians 10:3-5



And we take

***EVERY** thought captive to the
obedience of Jesus Christ.*

2 Corinthians 10:3-5



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

When we get **bombarded with thoughts** that we know are **destructive** that have **no place in our lives**, we have a choice to either **reject or accept these thoughts**.

When we accept these thoughts, ***taking ownership of them*** is when we can begin to give our control over to the enemy.



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

It is vital first to consider where a thought might be coming from. Discern, “Is this thought coming from

- **my emotions and desires,**
- **the world’s belief system,**
- **from the Devil, or**
- **from the Holy Spirit?”**



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

- It is by faith we choose to take the “**action step**” of putting on the Helmet of Salvation every day.
- This means that throughout the entire day and night, we take our thoughts captive to the obedience of Jesus Christ by means of filtering them through the guidance of the Holy Spirit, the written word, and the Word written on our heart to ***demolish every argument, pretension, imagination and reasoning that sets itself up against the knowledge of God*** (2 Corinthians 10:5).



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

We all have an imagination, but how is our imagination guided and discerned?



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

Remember to discern your imagination!

Visualization (visions) or imagining in our quiet time with God is an opportunity to bring our surrendered thoughts into view and to discern before God, the will of God.

Bring everything before Him no matter how small or insignificant it may seem.



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

In prayer (dialogue) ask and “**learn to discern**” by listening to God speak and studying His Scripture.

Remember Word of **Knowledge**, Word of **Wisdom**, **Prophecy**, and **Discernment** are gifts of the Holy Spirit. (1 Corinthians 8-10)

Ask and you shall receive, seek and you shall find, knock and the door will be opened to you. (Luke 11:9)



TAKING EVERY THOUGHT CAPTIVE

A. CHANGE OF PERSPECTIVE AS “NEW MAN”

Think of some of the characters for the Old Testament and New Testament that have surrendered their imaginations (thoughts) to bring God’s purpose and plan into manifestation. They envisioned future events by means of mental pictures or visions (the ability to think about or plan the future with imagination or wisdom) enabled by their intimate relationship with God.

- Noah building the Ark
- David writing the Psalms
- John in the New Testament writing Revelation



OBSTACLES SEEN AS OPPORTUNITIES

CHANGE OF PERSPECTIVE AS “NEW MAN”

This is a journey of surrender to the Lord and the first thing we surrender is our OWN UNDERSTANDING. Learn to surrender to a teachable spirit the first key to Spiritual growth.

By the Holy Spirit you are *with Jesus Christ in the School of Prayer...there is no better teacher.*



OBSTACLES SEEN AS OPPORTUNITIES

CHANGE OF PERSPECTIVE AS “NEW MAN”

Each day you will encounter challenges that can either be seen as obstacles from the perspective of the flesh, or as opportunities from the Lord’s perspective.



OBSTACLES SEEN AS OPPORTUNITIES

CHANGE OF PERSPECTIVE AS “NEW MAN”

The more you “Armor Up” in time spent with the Lord in prayer and meditation of God’s Word (Bible taught by the Holy Spirit) obstacles will begin to be perceived as challenges to opportunities for growth in faith, courage, strength, spiritual maturity, powerful prayer, and miracles.



OBSTACLES SEEN AS OPPORTUNITIES

CHANGE OF PERSPECTIVE AS “NEW MAN”

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

James 1:2-4



PROMISE OF MIRACLES

Miracle defined as a highly improbable or extraordinary event, development, or accomplishment that brings very welcome consequences considered to be the work of a divine agency.



PROMISE OF MIRACLES

1. The Lord's perspective...a renewal of the mind.
2. Overcome:
 - Anxiety
 - Worry
 - Fear
 - Doubt
 - Confusion
 - Depression
 - Oppression
 - **DECEPTION**



PROMISE OF MIRACLES

3. Receive your inheritance as co-heir with Christ:
 - *Peace that surpasses all understanding*
 - Faith that is mountain-moving
 - Courage to stand firm and overcome
 - Strength to do the impossible
 - Clarity on your path
 - Joy that knows no bounds
 - Hope that can only be found in Christ
 - Love that is unconditional and fills the void to overflowing



Behold, I am the LORD, the God of all flesh. Is anything too hard for me?

Jeremiah 32:27

*But Jesus looked at them and said, “With man this is impossible, but with God **all things are possible.**”*

Matthew 19:26



MIND BATTLE STRATEGY

It is not a matter of “*if*”, but “*when*” the mental battles come. The key is to be prepared. So when tormented with a thought or thoughts that you have discerned as being wrong and will not go away, you now have the tools to do battle – **P.R.A.Y. (Acronym)**



MIND BATTLE STRATEGY

PREPARE—

Get ready, the thoughts will come and usually when you least expect. You DO NOT have to take ownership of these thoughts. It can be very subtle, like a thought that you just do not know where it came from, to a pressing emotion that beckons immediate but unwise actions. The point is to recognize it, capture it, discern it, then ***take it to the obedience of Jesus Christ*** (2 Corinthians 10:5).



MIND BATTLE STRATEGY

RECOGNIZE—

Be aware of what you are really fighting— not flesh and blood, but the Enemy posed to kill, steal, and destroy everything you hold dear (Ephesians 6:12). The Enemy is the master of lies and deception, but you have the Holy Spirit, the Advocate, who knows the truth.



MIND BATTLE STRATEGY

RECOGNIZE—

Know who you are in Christ: You are bought with a high price, redeemed, accepted, adopted, and complete in Christ. You have the authority as child of God, and as a co-heir with Christ. The Enemy has no power, *only lies.*



MIND BATTLE STRATEGY

ABOLISH—

Use the Word of God, Holy Scripture, sharper than any double-edged sword as the weapon dividing the Spirit from the flesh (Hebrews 4:12).

Speak aloud, ***“I take every thought captive to the obedience of Jesus Christ.”*** (2 Corinthians

10:5) Or find a passage of Scripture that

speaks to your particular situation. The very

mention of his name, Jesus, has the power to

abolish any destructive or untrue thought.



MIND BATTLE STRATEGY

YIELD—

Submit to the power of God, through the Holy Spirit within you, resist the devil and he will flee (James 4:7). If the thoughts continue, seek shelter in the tent of the Almighty, the safe place (the refuge of God, Psalm 57:1), rest in him, and all thoughts will come into proper perspective.





"Fighting the good fight of faith in Jesus Christ one-day-at-a-time."



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