

# ARMOR UP EACH DAY

*with the Full Armor of God*

*Ephesians 6*



# ARMOR OF GOD

*Spiritual Warfare Prayer*

*By Regina M. Dick*



Lord, today I fully receive the mighty power of Your Holy Spirit within me. I put on the **Armor of God** standing strong against the devil's schemes.



For I know my struggle is not with  
flesh and blood, but against the  
rulers, against the authorities,  
against the powers of this dark  
world and against the spiritual forces  
of evil in the heavenly realms.

*(Ephesians 6:10-12)*



I choose to put on the **Full Armor of God** this day, so that when evil comes; I can stand my ground in faith in Jesus Christ for I am more than a conqueror.



I stand firm with the **Belt of Truth** buckled around my waist knowing that *You, Father are the Way, You are the Truth, You are the Life, there is no other way to God except through You.*



I surrender my choices and my will to the guidance of Your Holy Spirit knowing full well that my choices have a ripple effect impact for Your Kingdom here on earth.  
*(Ephesians 6:14, John 14:6)*



I put on the **Breastplate of Righteousness** for You are Righteousness living within me through the Holy Spirit.

I know that through You, **I AM WORTHY** of the Kingdom of God overcoming the deception of this world each day.

*(Ephesians 6:14, 2 Thessalonians 1:5)*



Upon my head I place Your **Helmet of Salvation**, *taking every thought captive to Your obedience*, protecting and renewing my mind to see life and others through Your perspective and no longer my own.



I ask that I might be filled with the  
knowledge of Your will in all  
wisdom and spiritual  
understanding.

*(Ephesians 6:17, 2 Corinthians 10:5, Romans 12:2, Colossians  
1:9)*



**I Shod My Feet with Your Gospel of Peace,** as You open the doors turning obstacles into opportunities, ordering my steps as I fulfill Your purpose and plan for my life designed since before time began.

*(Ephesians 6:15, Psalm 37:23,  
Jeremiah 1:5, 29:11)*



During this day of Grace, I hold up my **Shield of Faith quenching every Flaming Arrow** whenever and wherever they might come knowing that with each victory my faith in You grows only stronger in this good fight of faith.

*(Ephesians 6:16, James 1:3, 1 Timothy 6:12)*



I lay ready holding the double-  
edge **Sword of the Spirit** – *Your  
Holy Scriptures and the revelation  
knowledge that You give me  
through Your Holy Spirit –  
imparting to others Your Word  
during this day in  
the manner You see fit.*

*(Ephesians 6:17,  
Matthew 28:18-20)*



Father, I pray in the Spirit on  
all occasions with all kinds of  
prayers and requests. Keep  
me alert and always *praying*  
*for all of Your people.*



In the Name of Jesus Christ, I *walk boldly in victory in every area of my life*, knowing that Your love sustains me as I surrender my own understanding and continually grow in trust and faith in You each and every day. Amen.

*(Ephesians 6:18, Proverbs 3:5)*



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*“Fighting the good fight of faith in Jesus Christ one-day-at-a-time.”*



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